



Significant Differences Between High-Schoolers in Howard County by Race in 2021

Indicator	Average	Black	Hispanic	White	Asian
Weight, Diet, Physical Activity					
Ate breakfast on all previous 7 days	31.2	21.2	19.4	35.8	37.7
Physically active for a total of at least 60 minutes per day on five or more of the past 7 days	42.1	38.7	29.6	46.3	41.7
Drank soda one or more times per day during the past 7 days	8.8	15.1	9.7	7.8	1.4
Ate vegetables one or more times per day during the past 7 days	59.9	45.7	49.7	64.0	70.6
Mental Health					
Felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	37.2	38.0	49.8	36.2	29.6
Tobacco, Alcohol, Other Drug Use					
Had at least one drink of alcohol in the past 30 days	18.6	14.1	22.2	24.3	9.0
Was binge drinking in the past 30 days	9.6	3.9	12.3	16.1	3.3
Was in the same room with someone who was smoking cigarettes in the past 7 days	17.5	18.7	21.2	18.7	8.9
Says definitely yes or probably yes that young people who smoke have more friends	34.1	44.9	49.6	28.4	28.1
Ever used electronic vapor products	26.7	27.6	37.1	29.5	13.1
Ever taken a prescription drug without a doctor's prescription	13.6	16.7	21.3	11.6	8.3
Have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	11.3	9.5	13.8	15.5	4.2
Sexual Behavior					
Ever had sexual intercourse	17.1	19.3	26.8	19.3	4.4
Had sexual intercourse in the past 3 months	11.6	11.5	21.9	12.7	3.6


 Significantly lower than Howard County average


 Significantly higher than Howard County average

Data Source: Youth Risk Behavior Survey, 2021

Significant Differences Between High-Schoolers in Howard County by Race Compared to Average in 2021

Indicator	Average	Black	Hispanic	White	Asian
Injury and Violence					
Rode in the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	12.2	13.3	19.1	11.8	6.3
Did not go to school in the past 30 days because they felt they would be unsafe at school or on their way to or from school	10.4	8.6	17.6	8.1	9.6
Had a concussion from playing a sport or being physically active in the past 12 months	13.5	12.1	29.7	13.4	7.1
Adverse Childhood Experiences					
Often or sometimes in the past 12 months, their family worried that food money would run out	9.9	11.5	21.2	7.0	5.7
Often or sometimes in the past 12 months, the food their family bought did not last and they did not have money to get more	7.0	11.0	16.9	3.2	4.5
Ever lived with anyone who was depressed, mentally ill, or suicidal	31.5	35.0	34.6	35.2	18.4
Have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	9.5	14.4	17.4	5.8	6.4
Did not usually sleep in their parent or guardian's home in the past 30 days	3.0	2.3	9.2	1.9	0.7
Other					
Reported that they or someone in their home tested positive for COVID-19	23.1	33.7	31.4	20.0	13.8
Saw a dentist in the past 12 months	78.0	76.5	62.7	85.9	75.4
Participated in extracurricular activities at school	69.9	59.9	50.8	72.8	81.6
Most of the time or always feel that they are able to talk to an adult about their feelings	41.5	32.3	27.2	48.4	44.8

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